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3 Viewpoints

It is the first viewpoint
that is from the eyes of
the sender,

The second viewpoint is
of the eyes of the
receiver,

The third viewpoint is the
eyes of the observer,
from this view is usually
two sides, both a right,
both are of value, both
need to observe to gain a
clear view.

Anonymous





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Balance

Balance is a state of being, not a fine line to tread. Awareness of all possibilities, for balance is not available to you when you are only working with one side of things.

Hold your composure in the face of difficulties and when you remember to breath, balance is there for you.

Anonymous



Challenge

Transform all your problems into challenges. Take a deep breath and the challenges are exciting.

Now is the time to look at all the difficulties you have conquered and feel good about your achievements. A challenge is a wonderful adventure and opportunity.

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Change

The only living human being who likes change is a baby wet nappy'. Nothing stays the same, everything is meant to change, its growth. Feeling insecure with change is natural, embrace the diversity and dance in the face of what may seem like upheaval. Transitions may create shifts of awareness or alterations of mindset.

Anonymous



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Choice

Stop making decisions from fear based past experiences, 'no choice' belief. Past realities have taught you a great deal, but it's time to let them go and be an empowered leader.

Now as an leader you never ever have no choice, look for options there are often more choices than you think.

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Co-operative

I am open-handed
in using my time
and talent to
create positive
outcomes.

Co create with
others and see
what evolves.

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Consideration

Pay attention, let nothing move past without your examination, be reflective, do not make hasty decisions.

May special moments unfold for your attention, if you carefully look at what has brought you to this now moment, you will see how much of yourself deserves your loving consideration.

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Creative

Imagining new ways to build on the past transforms the present and inspires the future.

What is the present state of the situation, what is the desired state of the future, what barriers to overcome, what options of choice do you have.

Tery-Lyn Stevens

Determination

Single-minded, yet flexible, I keep on moving with love, light and purpose towards my destination and vision.

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Enthusiastic

**Builder of dreams
and ideas,
opening
creativity,
inspiration and
innovation, I
bring life to all my
projects and
tasks.**

Anonymous

Evidence

No jumping to conclusions.

See what is, as is.

Allow every situation to be unblemished by the past.

Your experiences of the past may colour how you see what is going on now.

Let today's evidence speak to you in the clear light of a new awareness.

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Evolving

Life is a constant stream of changes, see the growth that emerges, enjoy the results and the transformation. Then let go and allow more change and evolving.

Anonymous



A woman with long dark hair, wearing a white long-sleeved shirt, is sitting on a rocky cliff edge. She is facing away from the camera, looking out over a vast ocean towards a bright sunset. The sky is a mix of orange, yellow, and light blue. The water is a deep blue. The rocks are grey and jagged.

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Flex the Mind

Flexibility of the mind equals flexibility in the body.

Let go of your aches, stiffness and pains, by creating a flexible outlook. It may be time to look at the things from a fresh perspective you have never considered before.

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Flexibility

Be adaptable and free to move in any direction. Be open to rapid changes as you bend with the wind, for a branch only breaks when it becomes brittle and stiff.

Allow yourself to be rigidly flexible at all times.

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Global Listening

Now is a time to listen to your intuition, slow down and quieten the mind. Listen to your own words and ensure you are using positive language. Listen to others with your heart, really listen to what is being said, listen beyond words, listen with wisdom.

Anonymous



A woman with long, dark, wavy hair is smiling warmly at the camera. She is holding a string of warm white lights, which are out of focus in the foreground, creating a bokeh effect. The background is softly blurred, suggesting an outdoor setting at night.

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Integrity

My actions reflect
what I value most

I am the same
inside and out.
What people see
is what people
get, complete
integrity.

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Intuitive

I perceive the inner rhythm of events and allow my feelings to guide me. It is my inner wisdom that I trust and opens new ideas.

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Learning

Experience is not
what happens to a
person, it is what a
person does with
what happens to
him.

Aldons Huxley

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Personal Growth

Being entirely honest with oneself is a good exercise.

Sigmund Freud



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Potential

Resolute, constant,
dependable, real,
I am never deceived by
temporary gain.
If you always do what
you've always done,
you always get what you
always got.
Why not ignite your
potential?

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Resourceful

Finding ways to release hidden potential, giving heart to others that solutions can always be found.

If there are no solutions, options opens up choice, when we have choice, it opens up potential.

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Respectful

Finding ways to release hidden potential, giving heart to others that solutions can always be found. If there are no solutions, options opens up choice, when we have choice, it opens up potential.

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Responsible

I care for outcomes,
guarantee my co-
operation and take
care of others and
my own well-being.

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Self Recognition

Congratulations for recognising self, you are wonderful, now is the time to acknowledge self and feel good about you.

New opportunities are all around you, be sure to have recognise them.

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Sense of Humour

Surprising events and
unusual outcomes
delight the
spirit and illuminate the
day, lightens the load.

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S u c c e s s

Success is about whom
you are, not what you
have.

What do you value
about success?

Tom Morris





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Taking Action

What would happen if you knew it was a guaranteed sure thing?

'Well done is better than well said'.

Benjamin Franklin





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Tenacity

Acknowledge your staying power, your courage and determination. Feel good about the adversities that have created the strength of tenacity within you.

Wonderful changes bring you great forces within, acknowledge the empowerment.

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Tolerant

I have maturity to let go of expectations
and the passion to keep on giving.
What is learned from this is the added
wisdom.

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Truthful

Being straightforward, tactful, genuine and unbiased, without judgment in all my communication and dealings with people.


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Vision



Your dreams
become clear only
when you can look
into your heart.
Who looks outside
dreams, who looks
inside awakes.

Carl Jung

A person with their back to the camera, wearing a blue t-shirt, is carrying a young child on their shoulders. The child is wearing a denim jacket and has curly hair. They are standing in a field of green plants with small yellow and red flowers. The background is a bright, hazy sky.

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Wealth

'Life's
greatest
riches have
nothing to
do with
money.'

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