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A Focus for Parents

Parents: persons who spend half their time worrying how a child will turn out, and the rest of the time wondering when a child will turn in.

Ted Cook



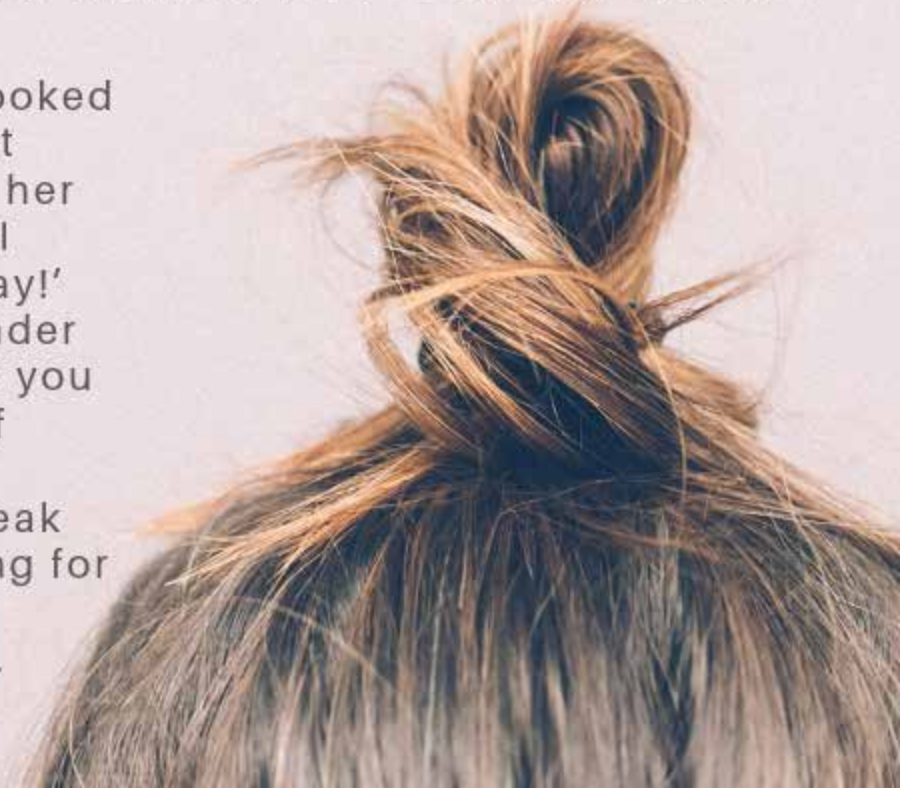
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Attitude

There once was a woman who woke up one morning, looked in the mirror and noticed she had only three hairs on her head. 'Well,' she said, 'I think I'll braid my hair today.' So she did and she had a wonderful day. The next day she woke up, looked in the mirror and saw that she had only two hairs on her head. 'H-M-M,' she said, 'I think I'll part my hair down the middle today.' So she did and she had a grand day. The next day she woke up, looked in the mirror and noticed that she had only one hair on her head. 'Well', she said, 'today I'm going to wear my hair in a pony tail'. So she did, and she had a fun, fun day.

The next day she woke up, looked in the mirror and noticed that there wasn't a single hair on her head. 'YAY!' she exclaimed. 'I don't have to fix my hair today!' Attitude is everything. Be kinder than necessary, for everyone you meet is fighting some kind of battle. Live simply, Love generously, Care deeply, Speak kindly. Life isn't about waiting for the storm to pass. It's about learning to dance in the rain.

Anonymous



A hand with bright pink nail polish holds a white square frame. The frame is empty, showing a blurred background of a blue ocean and a bright sky. The hand is positioned in the lower-left corner of the frame.

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Build the Awareness Habit

It is difficult
to see the
picture when
you are
inside of the
frame.

Anonymous

Building Foundations

If you have built castles in the air,
your work need not be lost; that
is where they should be. Now put
foundations under them.

Henry David Thoreau



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Change

Change starts when someone sees the next step. We must always change, renew, rejuvenate ourselves; otherwise we harden.

Johann Wolfgang von Goethe





Children

Anything that parents have not learned from experience they can now learn from their children.

Anonymous

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Co-Create

Create opportunities to interact one on one with the people around you, whether it be your boss, your children, your spouse or your team. When you listen, you learn, which opens the door to creative solutions and mutual trust.

It helps us develop the abundance mentality of Win- Win and opens up authenticity.

Terry-Lyn Stevens






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Daily forgiveness

As long as you don't forgive, who and whatever it is will occupy rent-free space in your mind.

Isabelle Holland





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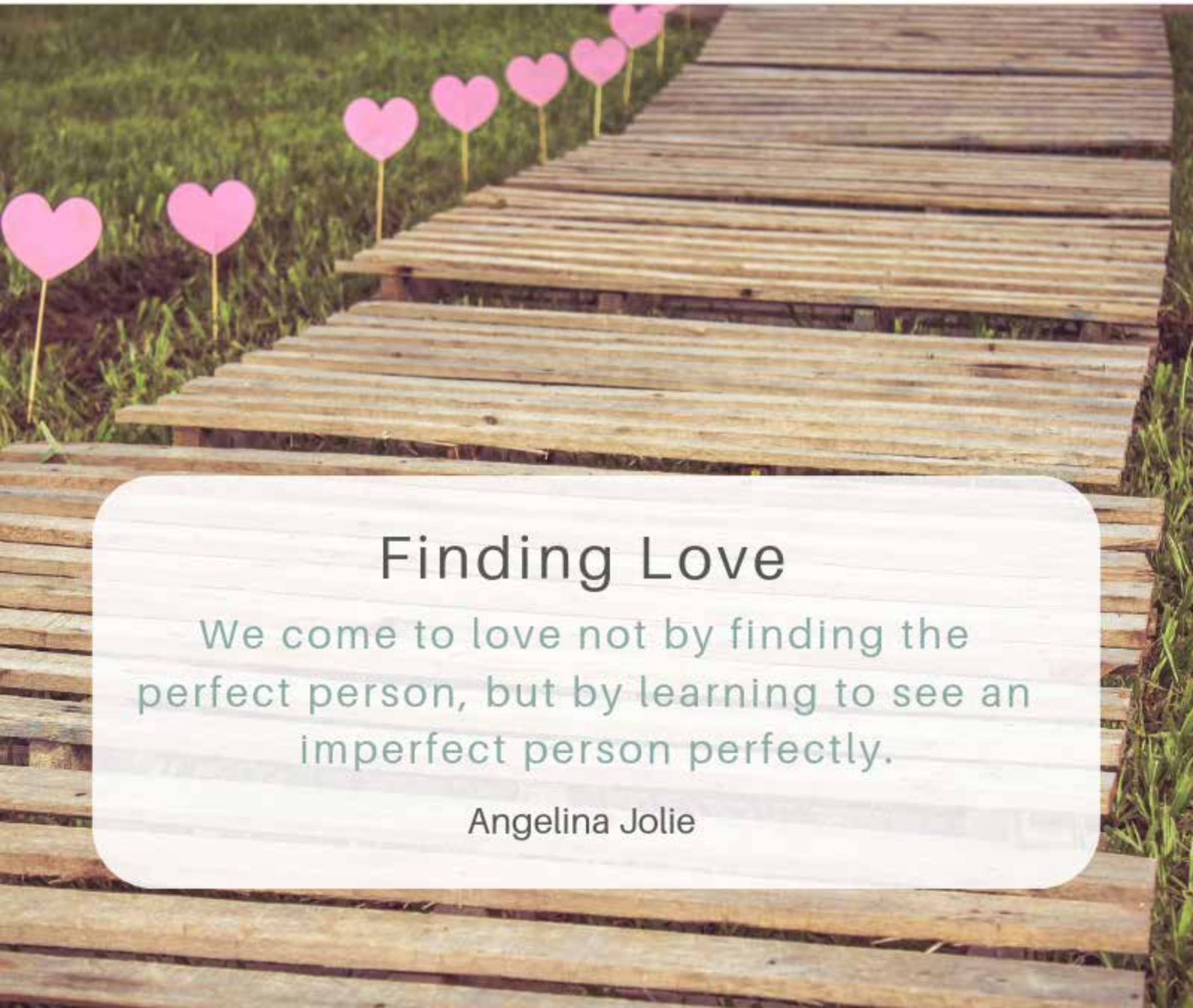
Dream!

The most pathetic person in the world is
the person who has sight, but no vision.

Helen Keller



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Finding Love

We come to love not by finding the perfect person, but by learning to see an imperfect person perfectly.

Angelina Jolie



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Giving Thanks

Develop an attitude of gratitude, and give thanks for everything that happens to you, knowing that every step forward is a step toward achieving something bigger and better than your current situation.

Brian Tracy

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Happiness

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared.

Buddha



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Hope

Courage, it would seem, is nothing less than the power to overcome danger, misfortune, fear, injustice, while continuing to affirm inwardly that life with all its sorrows is good; that everything is meaningful even if in a sense beyond our understanding; and that there is always tomorrow.'

Dorothy Thomson



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Is the grass greener?

The grass is not in fact greener on the other side of the fence. Fences have nothing to do with it. The grass is greenest where it is watered. When crossing over fences, carry water with you and tend the grass whenever you may be.

Robert Fulham

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Know the facts of your personal finances

I've got all the
money I'll ever
need, if I die by four
o'clock.

Henny Youngman





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Labels limit us

When I let go of
what I am, I
become what I
might be.

Lao Tzu

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Procrastination

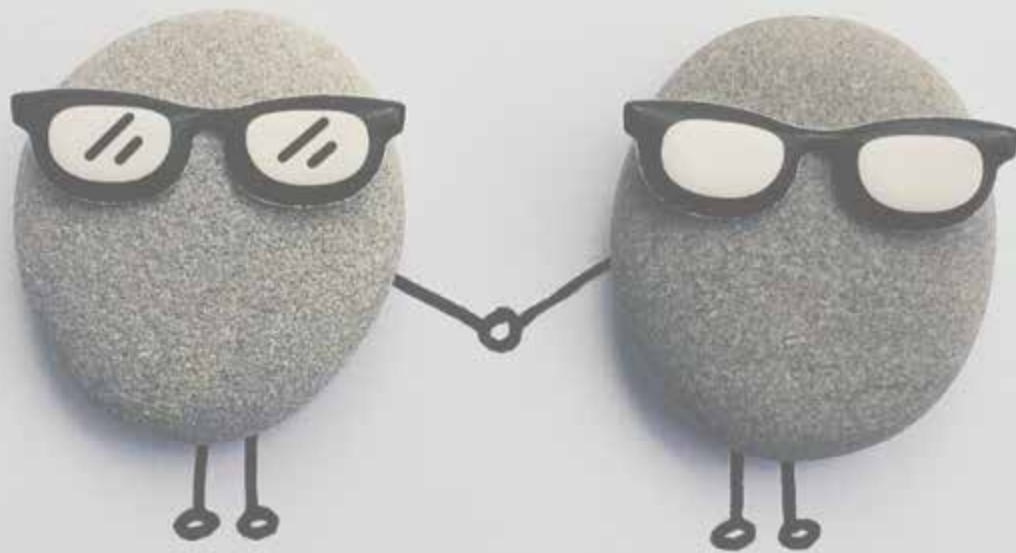
Procrastination is the art of keeping up with yesterday.

Don Marquis



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Relationships in life

For every person, all the events of your life are there because you have drawn them there. What you choose to do with them is up to you.

Richard Bach



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Review and recommit

Few people have any next,
they live from hand to
mouth without a plan, and
are always at the
end of their line.

Ralph Waldo Emerson



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Review your life

Follow effective
action with quiet
reflection. From the
quiet reflection will
come even more
effective actio.

James Levin

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Seek your limits and beyond

If you're proactive,
you don't have to
wait for
circumstances or
other people to
create perspective
expanding
experiences. You
can consciously
create your own.

Stephen Covey



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The past in the present

If you accept a limiting belief, then it
will become a truth for you.

Louise Hay



A woman with blonde hair, seen from the side, looking out at the ocean. She is wearing a dark-colored tank top. The background is a soft-focus view of the sea and sky.

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Time

Every morning you are handed 24 golden hours. They are one of the few things in this world that you get free of charge. If you had all the money in the world, you couldn't buy an extra hour. What will you do with this priceless treasure.

Anonymous



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Time to Blossom

The voice of our
original self often
muffled,
overwhelmed,
even strangled,
by the voices of
other people's
expectations.

Julie Cameron



Value the Process

If the doors of
perception were
cleansed, everything
would appear as it is,
infinite.

William Blake



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What are you Procrastinating?

The greatest amount of wasted time is
the time not getting started.

Dawson Trotman





My Plan:

What are your priorities today?

Most people are so busy knocking themselves out trying to do everything they think they should do, they never get around to do what they want to do.

Kathleen Winsor



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What if...

The universe is full of magical things
waiting for our wits to grow sharper

Eden Phillpotts